

NBCC NEWSNOTES

National Board for Certified Counselors

Volume 11, Number 2

Fall 1994

ADDICTIONS CREDENTIALING ORGANIZATIONS CONFER

On August 2, the National Board for Certified Counselors (NBCC) Addictions Task Force hosted a meeting of other counseling organizations interested in national certification for masters level addictions counselors.

Participants included Patricia Nunez, chairperson, of the Commission for Rehabilitation Counselor Certification (CRCC), which currently offers a specialty designation for its Certified Rehabilitation Counselors; Michael Loos, president, and Paul Grace, executive director, of the International Certification Reciprocity Consortium/Alcohol and Other Drug Abuse (ICRC/AODA); and Jerry Jenkins, commissioner, and Linda Kaplan, executive director, of the National Association of Alcoholism and Drug Abuse Counselors (NAADAC).

The four organizations discussed the feasibility of creating a Joint Task Force on Master Addictions Counselors. The purpose of such a body is to create a continuing forum for discussing national standards for masters level addictions counselors. The group agreed to approach their respective boards with the concept of using one designation—Master Addictions Counselor (MAC)—for all certified masters level addictions counselors. Individuals associated with any of the Joint Task Force in the future would all hold the same final acronym, MAC, to represent themselves to the public.

This meeting marks the first time that counselors from different parent organizations have proposed such a collaborative effort. Each participating group has agreed to continue these discussions at another meeting hosted by NAADAC in late March 1995. □

SEE PAGE 2 FOR
REQUIREMENTS FOR THE
NEW ADDICTIONS SPECIALTY
CERTIFICATION.

NEW FACES ON THE NBCC BOARD OF DIRECTORS

By Elinor Waters, Past Chair

This year the NBCC Board of Directors has a bumper crop of new members, including three new specialty directors as well as two general practice directors, Wyatt Kirk of North Carolina and Sandra Lopez-Baez of Ohio. Virginia Villarreal-Mann from Texas represents the school counseling

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National Board for Certified Counselors, Inc.
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STATE HAPPENINGS

State counseling boards using the NBCC examinations have been invited to a meeting in Greensboro, NC, on November 16–17. Presentations will include the entire history, philosophy, statistical rationale, and future course of NBCC. Time will be set aside to address questions, requests, and concerns.

ILLINOIS

A special testing will be held for state licensure candidates on November 11. More than 1,000 counselors have registered for the National Counselor Examination for Licensure and Certification (NCE) or the National Clinical Mental Health Counseling Examination (NCMHCE).

NEW JERSEY

Appointment of the Board of Counselor Examiners is stalled in the Department of Consumer Affairs. No rules or regulations are available until the board is appointed. Applications will not be available until regulations are approved. □

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ADDICTIONS SPECIALTY READY TO LAUNCH

The NBCC Board of Directors has approved the requirements for the new addictions specialty certification. Developed by the NBCC/IAAOC Task Force, the criteria will include specific training and experience in the field of addictions counseling. As with any NBCC specialty, the NCC credential is a prerequisite.

During examination development, the following alternative entry process will be used:

ALTERNATIVE ENTRY REQUIREMENTS

- A. Must be an NCC.
- B. Education must include both:
 - A minimum of one 3-semester-hour (5-quarter-hour), knowledge based course or 45 contact hours in addictions or addictions counseling.
 - A 3-semester-hour (5-quarter-hour) course on family or group counseling or 45 contact hours in family or group counseling training.
- C. References: One from a recent supervisor and one from a professional colleague.
- D. Experience: Three years in the practice of addictions counseling or three years teaching addictions courses in the case of counselor educators.

REGULAR ENTRY REQUIREMENTS

When the examination has been developed, the following regular entry requirements will take effect:

- A. Must be an NCC.
- B. Education must include specific courses related to addictions: 12 semester hours (20 quarter hours) or 500 contact hours of continuing education, including two courses on addictions covering general drug terminology, specific drug information, theories of addiction, medical and psychological aspects, assessment, treatment special issues, and appropriate coursework in group and family counseling.
- C. References: One from a recent supervisor and one from a professional colleague.
- D. Experience: Three years in the practice of addictions counseling or three years teaching addictions courses in the case of counselor educators.
- E. Must pass NBCC's addictions examination.

Applications for NBCC's fifth specialty certification, the Master Addictions Counselor (MAC), will be available in January 1995. Requests for an application should be sent to NBCC. The first group of certificants are expected to be certified at the American Counseling Association's (ACA) April Convention in Denver. □

NCC NETWORK

Eugene W. Kelley, Jr., NCC, LPC, of Alexandria, VA, has written a book called *Relationship-Centered Counseling: An Integration of Art and Science*, published by Springer Publishing Company, New York. Kelly is professor of counseling and human services at George Washington University in Washington, DC.

Richard L. Knowdell, NCC, NCCC, of San Jose, CA, and **Elizabeth Branstead**, NCC, NCCC, of Pleasant, CA, have teamed up with consultant Milan Moravec to write the newly published book, *From Downsizing to Recovery: Strategic Options for Organization and Individuals*. Published by Consulting Psychologists Press, this hardcover 256-page handbook is a practical guide for those involved in downsizing and seeking to understand what's involved in the outplacement process.



Richard Knowdell



Elizabeth Branstead

Howard Rosenthal, Ed.D., NCC, CCMHC, of St. Louis, MO, and **Joseph Hollis**, Ed.D., NCC, of Muncie, IN, recently have published *Help Yourself To Positive Mental Health (Accelerated Development Publisher, 800-222-1166)*. The 112-page bibliotherapeutic text is ideal for helping clients who are receiving counseling in private, inpatient, outpatient, or residential settings. The book is written in a lively conversational, "user-friendly" tone to engage the reader. Fifty concrete activities and exercises are clearly outlined. Individual, marriage and family, or group therapists who routinely assign homework will find this work especially valuable. □

STATE COUNSELOR LICENSURE/ CERTIFICATION UPDATE AND CHANGES

ARKANSAS

501- 234-1842
501- 235-4052 Fax

NEW JERSEY

J. Barry Mascari, Contact
201-423-1781

RHODE ISLAND

NCMHCE

SOUTH CAROLINA

Mrs. Marjorie Montgomery
Executive Secretary
SC Department of Labor Licensing
Regulations
Division of Professional & Occupational Licensing
3600 Forest Drive, Suite 101
P. O. Box 11329
Columbia, SC 29211-1329

NEW FACES ON THE NBCC BOARD OF DIRECTORS

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specialty, Michael Shahnasarian from Florida is the career counseling representative, and Richard Page from Georgia was elected to represent the new addictions specialty. Elinor Waters from Michigan was reelected as the representative of the gerontological counseling specialty. It is exciting to have so many talented new members.

The large number of new members comes as a result of the timing of the initiation of each specialty certification. The Board of Directors is developing plans for staggering terms more effectively. Our bylaws permit people to serve for up to two terms of three years each. Two members whose first term will expire at the end of this fiscal year, Richard Percy from Tennessee and John Bloom from Arizona, were reelected to serve second terms. Therefore, no nominations are being solicited this year. The board decided it was not appropriate to seek nominations when incumbents wanted an opportunity to serve a second term, and the rest of the board was eager for them to do so. Richard Percy is chair of the board, John Bloom chair-elect.

The September Board of Directors meeting was held in Greensboro, NC, at the Center for Creative Leadership, an organization specializing in management and leadership training. We look forward to working with the center in the future as both the staff and board participate in training programs. □

VOLUNTARY AUDITS

The following NCCs have passed the Voluntary Audit by completing and documenting more than 130 hours of continuing education activities in the five-year certification cycle. They are recognized for outstanding achievement in continuing education. These professionals have demonstrated their dedication to excellence, and NBCC salutes them. Congratulations!

Loretta M. Bacon, #7703
Montgomery, AL

Barbara E. Kaplan, #10141
Charlotte, NC

Patrick C. Stack, #22015
Warren Woods, MO

Cheryl S. Cordes, #22039
Kansas City, MO

Budd A. Moore, #22436
Waynesboro, PA

A. Portia Rothschild, #8044
Racine, WI

NCC CERTIFICATES REVOKED

The following NCCs were adjudicated by the NBCC Ethics Hearing Committee for violating the NBCC Code of Ethics. Sanctions are listed after each name.

Dr. Rudolph Green, NCC
#12438, certification revoked.

M. Anthony Harper, NCC
#27240, certification revoked.

NCCs OF NOTE

NBCC is pleased to recognize the following National Certified Counselors' personal achievements.

Ellen M. Gibba, NCC, CPC, of Clifton, NJ, recently was honored by the New Jersey Employment Counseling Association at the New Jersey Counseling Association's annual conference. She was presented the "Distinguished Professional Service" Award for outstanding contributions to the association.

Rebecca R. Mankel, NCC, M.C., has been elected president of the Arizona Group Psychotherapy Society for the term 1993-94. At the group's annual conference, Mankel presented "Dreams and Other Forms of Communication in Group Therapy," a workshop on relaxation, imagery, and hypnosis in groups.

Daniel J. Maloney, Ed.D., NCC, of Immaculata, PA, has been appointed dean of Immaculata College's graduate division. Maloney formerly was a member of the faculty/administration of St. Mary's College of Minnesota, where he served as associate professor of counseling psychology and education, and most recently, as special counsel to the School of Graduate and Special Programs at the college's Minneapolis campus. □



Daniel J. Maloney

Congratulations to the NCCs listed. If you recently have received professional recognition and would like to submit information for publication, write to NCCs of Note, 3-D Terrace Way, Greensboro, NC 27403.

ETHICS PROMISE IS NOW AN ANNUAL MATTER

Some of you may have noticed that your annual fee form was returned to you for your signature even though you had paid your fees for the year. This is because NBCC now requires an annual attestation of adherence to the NBCC Code of Ethics to be filed by each NCC. The simplest way to do this is to have the ethical statements printed on the back of your annual fee form since you also are required to pay fees each year. Please save us and yourself postage costs. Read the ethical statements and, if applicable, sign the form and return it with your fee payment.

In the event that you have a violation to report, send proper documentation. If you cannot sign the form for some reason, an explanation must be attached. □

CCMHC BULLETIN BOARD

LIMITS TO HOW MUCH PROVIDERS CAN CHARGE

Care providers, who see CHAMPUS patients, are reminded that federal law limits the amount such patients can be billed to no more than 115% of the CHAMPUS allowable charge.

This also applies to providers who don't participate in CHAMPUS but accept CHAMPUS assignment. Providers who do participate in CHAMPUS accept the CHAMPUS allowable charge as the full fee for care they give CHAMPUS patients.

The requirement is contained in Section 9011 of the Department of Defense Appropriations Act of 1993 and became effective November 1, 1993. A provider, who refuses to comply with the law, may have his or her authorization to render care to CHAMPUS patients withdrawn.

FOUNDATION WINS CHAMPUS CONTRACT

Foundation Health Federal Services, Inc., of Rancho Cordova, CA, has been awarded the contract for CHAMPUS health care delivery and managed-care support services in the states of Washington and Oregon, beginning in March 1995.

The \$650.5 million contract is for 5½ years, including a six-month start-up period. It contains incentives for Foundation to perform well, which means that the firm will be subject to financial incentives for speed and accuracy in handling claims.

Under the managed-care support program, military families have more health care choices and can save money while reducing their paperwork through participation in either of two special programs.

The first option, "TRICARE Prime," features preventive care, low fees for routine visits to the doctor (or free visits for the families of some lower-ranking enlisted members), and upper limits on the cost of inpatient care. Families must enroll in TRICARE Prime and must use a designated network of providers of care.

The other option is "TRICARE Extra," which offers the same benefits as the regular CHAMPUS program, but with discounts on cost-sharing and limits on the cost of inpatient care. TRICARE Extra requires the use of specified providers, but there's no requirement to enroll, so this system can be used on a case-by-case basis.

Families also have easier access to needed health care through a "health care finder" at each military hospital in Washington and at various locations in Oregon. While the military medical facilities in the region provide health care, the "lead agent," Madigan Army Medical Center in Tacoma, WA, oversees this care. The CHAMPUS contractor also provides civilian staff members and other resources in the military medical facilities where possible, to further increase the accessibility of health care to service families.

Those who prefer not to use the managed-care systems for their health care needs are still free to sue the military hospitals and clinics as before. They also may still use the standard CHAMPUS program (now called "TRICARE Standard" in Washington and Oregon) as they always have. □

HOW TO CHOOSE NON-APPROVED ACTIVITIES

The following information appears in your continuing education folder; however, because we receive so many calls on this subject, the information is being printed in this column. In the past, NBCC required NCCs to either take approved activities or submit Special Review forms and fees for each activity that was not approved. This is no longer the case. In 1990, when NBCC sent the continuing education folders to all NCCs, this regulation was dropped. The new regulation states that NCCs may choose non-approved activities as long as they fit NBCC guidelines. The basic guidelines are:

- The topic must fit under one of the ten content areas listed on the document called "Directions for Maintaining the NBCC Continuing Education File."
- The activity must be designed for professionals in the mental health field, not the lay public.
- The activity may not be self-help in nature. At least one component of the activity must focus on disseminating the skills taught to clients.
- If it is a teleconference, it must be interactive.
- If it is a home study program, it must be on the approved list which appears in the *Continuing Education Update*.

If you have other questions about a continuing education activity, contact the Recertification Department at 910-547-0607. □

NCSC BULLETIN BOARD

WELCOME TO THE NCSC BULLETIN BOARD

By Virginia Villarreal-Mann, School Counselor Specialty Director

Greetings to all my fellow NCSCs, knee deep in schedule changes, guidance lessons, crying students, testing dates, and a line of students too long to see today. (And you wondered if I was a "real" counselor!!!)

Allow me to introduce myself. I've taught first grade for three years and have been a special education, elementary counselor for 21 years. I've been itinerant with as many as four schools and am presently at one school full time, (750 students pre-kindergarten through fifth grade, 98% Hispanic).

I want to commend each of you for becoming a national certified school counselor. You have gone the extra mile and have once again proven what a professional you are in a job where giving encouragement to others is a mainstay, and receiving a pat on the back is rare. Allow me to applaud you. Your students are lucky that you are there for them. You have chosen a field where rewards are measured in the smiles and tears, accomplishments and successes of others.

I value your professionalism and look forward to serving you as a member of the NBCC Board of Directors. I also plan to keep you abreast of issues that are relevant to the school counseling profession.

I need to go now. The phone is ringing, someone is knocking on the door, the principal just paged me, and my half eaten sandwich is looking pitiful. All in a day's work.

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NCC

- The NCC lapel pin is coated in metallic gold and displays the NCC designation with simplicity. A popular item worn separately or with the NBCC Logo pin. **\$5.50 including postage & handling**

NCCC

- The Specialty lapel pin features either the NCCC, NCGC, NCSC, or CCMHC designation etched in metallic gold onto a colored enamel background. **\$5.50 including postage & handling**

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Please indicate the quantity for each item selected, figure total cost, include credit card information or check or money order payable to NBCC, and complete your shipping address.

QTY	ITEM	PRICE	TOTAL
	Client Rights and Responsibilities Brochures	\$5.00/25	
	NCCs: Dedicated to Helping You Brochures	\$5.00/25	
	NBCC Lapel Pin w/NCC Designation (cloisonne)	\$6.75	
	NBCC Lapel Pin (cloisonne and suitable for non-NCCs)	\$8.50	
	Specialty Pins (NCSA, NCCC, NCGC, CCMHC)	\$5.50	
	NBCC Counselor Certification Video	\$9.50	
	NBCC Display Plaque (complete engraving information below)*	\$29.95	
	NBCC's <i>Work Behavior Analysis of Professional Counselors</i>	\$24.95	
	State Counselor Licensure List	No charge	
	General Practice (NCC) Application	No charge	
	Specialty Application (School, Career, Gerontological)	No charge	
	Mental Health Specialty Application	No charge	
	Application for NBCC Provider Approval of CE Activities (for private agencies, community colleges, school districts, etc.)	No charge	
	NBCC Code of Ethics	No charge	
		Total	

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Signature _____

NCCC BULLETIN BOARD

Susan W. Miller, NCC, NCCC, will join with the *Los Angeles Times* this fall as the on-line career counselor for TimeLink, a southern California information service, accessible through Prodigy. Subscribers to this local Prodigy/L.A. Times service will be able to find such information as: resources for self-assessment, local job hotline, and the basic "how to" tools and strategies for job search.

Lola Sikula, NCC, has written a book titled *Change Careers: Steps to Success*, published by Brooks/Cole Publishing Company. The book is intended for all individuals who are facing one of life's major transitions, a career change. To obtain a copy of *Change Careers*, please contact Brooks/Cole Publishing Company at 800-354-9706. □

FEE FOR RELEASING NCE SCORES TO STATE BOARDS

Please remember that there is a \$5.00 processing fee for the release of your NCE scores and a \$5.00 processing fee for the release of your verification of certification to state credentialing boards. The request must be in writing and have the complete address of where scores and/or verifications are to be sent. Allow three to four weeks for processing these requests. □

NBCC

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EXECUTIVE DIRECTOR

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NCDA FOCUSES ON CAREER FACILITATORS

The National Career Development Association (NCDA) recently asked NBCC to explore the possibility of credentialing non-masters degreed career workers. NCDA refers to these trained career specialists as career development facilitators. They must complete 120 clock hours of training from professional career counselors as well as receive supervision from certified career counselors.

The Career Development Training Institute at Oakland University in Rochester, MI, has been sponsored by the National Occupational Information Coordinating Committee (NOICC) to produce and field test four 30 clock hour training modules for career development facilitators. National Certified Career Counselors (NCCCs), who are interested in participating in field testing or learning more about the concept, may contact Drs. Howard Splete or Judith Hoppin at 272 South Foundation Hall, Rochester, MI 48309-4401.

NBCC welcomes comments from NCCCs regarding the separate, non-masters certification of career development facilitators. These facilitators would be supervised always by masters level counselors. As the NBCC Board of Directors considers the request from NCDA to credential career facilitators, we would like to hear reactions from the field. □

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ADDICTIONS SPECIALTY**